



Our **Mission** is to stop child sexual assault in our society.
Our **Vision** is to make Australia the safest place in the world to raise a child.



Dear Parent/Caregiver,

Your child has the opportunity to experience the Bravehearts Personal Safety Education incursion, "The Ditto Show". Bravehearts is extremely proud of this program and believes that by providing children with the basic principles of personal safety, we are providing them with the tools to stay safe.

Just as teaching children the road rules cannot guarantee our children's safety on the roads, no program can guarantee to "abuse-proof" our children. But by teaching them the principles of personal safety we are giving them the skills and strategies they need to stay safe and know what to do if anything does happen.

The "Ditto Show" is a live performance with "Ditto" being the star attraction. The show runs for 35 minutes (and we have a 25 minute one for our under 5's).

Our program has been delivered throughout other states in Australia since 2006 empowering over 300,000 children.

"Ditto", the Bravehearts' mascot comes to life as the star of Ditto's Keep Safe Adventure Education Program to ensure the show is delivered in a fun, interactive and engaging manner.

Specially written songs for the show include: "Private Parts" and "Run and Tell Someone You Can Trust." These are catchy songs and our experience shows children are remembering them in the same way they remember common nursery rhymes. Feedback from schools and centres has indicated that children are singing the songs in the playground. Ditto's Keep Safe Adventure Program and resources are NOT SEX EDUCATION. Private parts are simply explained as the mouth (as we don't go around just kissing anyone), the chest, between the legs and our bottoms.

The findings of an independent evaluation suggest that the delivery of the principles embedded in this program can reduce the prevalence of not only child sexual assault, but also other forms of abuse including family violence and bullying, in a range of settings.

Topics covered throughout the show consist of "Yes" and "No" feelings, The Body's Warning Signs, Private Parts, Secrets and what to do if you feel unsafe or unsure.

We encourage parents to attend the show if possible. If you are unable to attend the show and following information session, this link provides more details and an overview of what will be covered with the children.

<https://www.youtube.com/watch?v=QcW7McpnvGI>

If you do not wish for your child to attend the show please notify your school/centre. Should you have any questions about the program please do not hesitate to contact our Geelong office on 0401 500 612.

Kind regards,

Bravehearts Education Team

Show Date is: 11/8/2016

Time: 9:30 am



www.bravehearts.org.au

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