June 2016

Dear Parents,

RE: Introducing MYTERN at Christian College

Schools throughout Australia are seeking ways to support students with the challenges that can be faced with daily life.

Christian College is delighted to form a working relationship with Dr Jane Foster who has developed a language that schools are adopting to assist and equip students to 'Take Emotional Responsibility Now'. 'MYTERN'.

This year classes from Williams House Kindergarten through to Year 4 have already been introduced to the MYTERN language with outstanding success. Here is a link to the website www.myterncity.com.au

I encourage you all to take the time to look at this information. It is valuable for anyone with children, including adolescents, as MYTERN has had great success with adults as well as children.

As a result of the positive impact we are seeing with our younger students using the MYTERN language, we have decided to share this with students at Middle and Senior levels.

I am delighted that Dr Jane Foster will be returning to Christian College at the start of Term 3 to share her work with the students at Highton, Bellarine and Senior campuses in special assemblies planned for the first day of term.

She will also be presenting an Information Session for parents that evening in the Chapel at the Highton Campus. I encourage you to attend.

MYTERN Parent Information session

Tuesday 12th July, 2016

7pm	MYTERN Parent Information Evening Session Parents from all Campuses are welcome **Middle School Chapel**
	Supper to follow
	RSVP: *Please confirm your attendance to the 'Evening Session' at Middle School Reception by 21st June, 5241 1899, for catering purposes.*

It is a simple, yet extremely powerful skill that teaches you to take control of your response to everyday stresses and challenges, improving your mental, emotional and physical health. A skill which can be learnt by anyone at any age.

Yours sincerely,

Glen McKeeman
PRINCIPAL